

COMMUNICATION IS THE KEY TO ALL RELATIONSHIPS

When the talking has died, so has the relationship!

Whether it is intimate, social or business, a relationship does not have to be perfect in order for it to work. However every successful relationship has this ingredient, good communication – by good I mean uncomplicated, clear and simple, easy to follow and easy to contribute to.

Communication is a two way event – otherwise it is a lecture, speech, scolding, instruct, or sermon – not exactly prized energy for establishing or furthering an intimate or esteemed relationship.

Relationships bring immense pleasure and satisfaction where they work and miserable unhappiness when they don't.

Within the boundaries of my work I am privy to peoples personal and business relationships. The common complaint is communication – “she talks in riddles and he rarely speaks or when he does he lectures” is a common state.

Ladies, if you wish to have meaningful relationships, in business, social or intimately, stop creating innuendos. Stop hinting or insinuating instead use straight gentle speak this way you are taking steps to creating consequential conversations. For him it brings up pictures of allusion and he is left guessing as to what it is you are requesting or indicating.

Men, don't lecture, speech, scold, instruct, or sermon your equals, I hear you calling them your 'better-half' and if they really are your 'better-half' then they deserve gentle kind conversational (two-way) communication, that's the way to build life-long rewarding relationships.

Compatibility, interests in common and shared values are contributing factors to the flow of conversation and energy. In your personal life as in business when the talking has died, so has the relationship, sad but true.

Importantly, in all relationships you need to be who you really are, and you allow the other person to be who they are, after all isn't that what attracted you to each other or did you make the disgusting mistake that as 'in the moment passionate people' do when buying an old house...they think they will change and renovate, once they are committed to the purchase/contract.

Communication means that you care enough and are comfortable to talk openly about the things that are important to you. It also means that you respect that the person is different from yourself and that you do not seek to change them.

'The definition of caring is knowing someone's values and expressing your values in terms of theirs. Whenever something supports your values, you take away the rules. When something challenges or threatens your values, you set up rules. Nations do it, companies do it and you do it in relationships. Knowing both yours and your partner's values assists you in mastering the art of communication and building relations.' Dr John Demartini.

Communication involves both speaking honestly and listening attentively. When people have things on their mind and let them go without discussing it, it usually manifests itself elsewhere.

Without communication, many hold grudges. Holding a grudge is definitely not productive for any relationship, social, business and certainly does not endear companionship or intimacy.

One important rule about communications is to speak in a respectful manner. Just spewing out whatever is on your mind in any tone of voice is not effective communication. Talking is great but if you don't do it with respect, it's pointless.

As with every good conversation there comes a time to say...I've been here chatting for a while...surely now it's your turn to speak and I will listen!

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