

## **DESIGN YOUR OWN LIFE OR ACCEPT WHAT OTHERS EXPECT OF YOU!**

**Do you** have a passion for the possible but have little idea if any, as to how to achieve it?

How you think, what you believe and the way you behave determines your living experience.

Your goal is to learn how to use more of your brain and activate the untapped areas of your mind while learning to think, believe and behave in ways that will attract more of what you want in your living experience.

By learning to effectively use the invisible, intangible parts of yourself, and by making simple, positive changes, you can live a powerful life of your own design.

**An eighty-two year old** gentleman sat in my office and lamented "*I have more work to do but cannot achieve the ability to complete my life's work. Something inside hinders me*".

In less than an hour we identified what hindered his progress. That was two years ago. Since then his health has improved his purpose clear, he made peace with estranged members of his family and his joy to live returned.

He made peace with... I need you to understand, he did not contact them or write them letters.

**The Domino Effect.** At a cellular level (that's where permanent change happens) he changed the grudges he was holding. What happened next was amazing, he received a birthday card from a family member he had not heard of for years. He got an invitation to another branch of the family, event. His son who hadn't contacted him for eight years called...and more good things happened, his life has changed.

**Free Yourself.** Within you resides the secret that unlocks life's possibilities. To realize it, you have only to develop the natural mental ability of attraction we all possess. When you learn how to access your theta and delta brainwave energy you are able to solve problems of all kinds, regardless of where they are embedded in the past or continue to live in the present – if they are taking up valuable *thinking time* they are existing in the present.

Separated from my family at birth I discovered a way whereby I could access cellular memory. In you, this is where your blueprint of who you are, what you know, all your memories, everything you ever learnt is stored. This is where I discovered the basis of, and learnt to get rid of deep seated anger, frustration, feelings of deprivation – this systematic process allows you to evolve your untapped ESP.

**A richer life is** not just about achieving what you want, it is about achieving what is right for you, individually and uniquely. The human mind has abilities beyond the five senses, these abilities can be harnessed to help you make better choices and decisions. People who experience roadblocks are aiming for goals outside their life purpose. Our Behavioral Change Self Mastery program teaches you to use your mind, *your intuition* to encourage healing, to move forward and manifest your passion - first be sure that what you are aiming is aligned with your purpose.

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If you missed our previous publications read

*Develop Your Communication*

*Enrich Your Experience Of Living*

*Theta & Delta – an understanding of your brainwave energy*

We love your emails and comments – [admin@sylviamarina.com](mailto:admin@sylviamarina.com)

National & International phone consultations – email us to book your appointment.